

If you or someone you know is being abused you can contact:

**Department of Mental Health
Office of Constituent Services**

Toll free at

1-800-364-9687

8:00 am to 5:00 pm

Monday through Friday

Or

**Missouri Department of
Health and Senior Services**

Toll free hotline



Adult Abuse and Neglect Hotline

1-800-392-0210

Make a difference. *Make the call.*



Improving lives THROUGH supports and services
THAT FOSTER self-determination.

www.dmh.mo.gov/dd

MISSOURI DEPARTMENT OF MENTAL HEALTH

*Say "NO" to
Abuse and Neglect*



A GUIDE FOR INDIVIDUALS
WITH DEVELOPMENTAL
DISABILITIES TO HELP
PREVENT
ABUSE AND NEGLECT

11/3/17

This booklet is a guide to help you and those who support you in recognizing and preventing abuse and neglect.

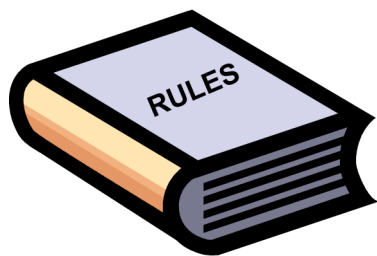
For more information about your rights and understanding abuse and neglect please see Constituent Services

www.dmh.mo.gov/constituentservices/rights.html

Missouri has rules that protect you from abuse:

Missouri Code of State Regulations

Rules of the Department of Mental Health Division of Developmental Disabilities



[9 CSR 10-5.200](#) Report of Complaints of Abuse, Neglect and Misuse of Funds/Property

Authority that protect you from Abuse can be found in a blue box like this.

If you think you or someone you know is being abused, tell someone you trust like:

- Someone who works for you
- A friend or family member
- Support Coordinator
- Nurse or doctor
- The police

You can also speak to:

Name or person/organization:

Call:



E-mail:

What happens when I file a report of Abuse and Neglect?

The Department of Mental Health takes all reports of Abuse and Neglect seriously. The person who reports the abuse will not get in trouble for reporting.



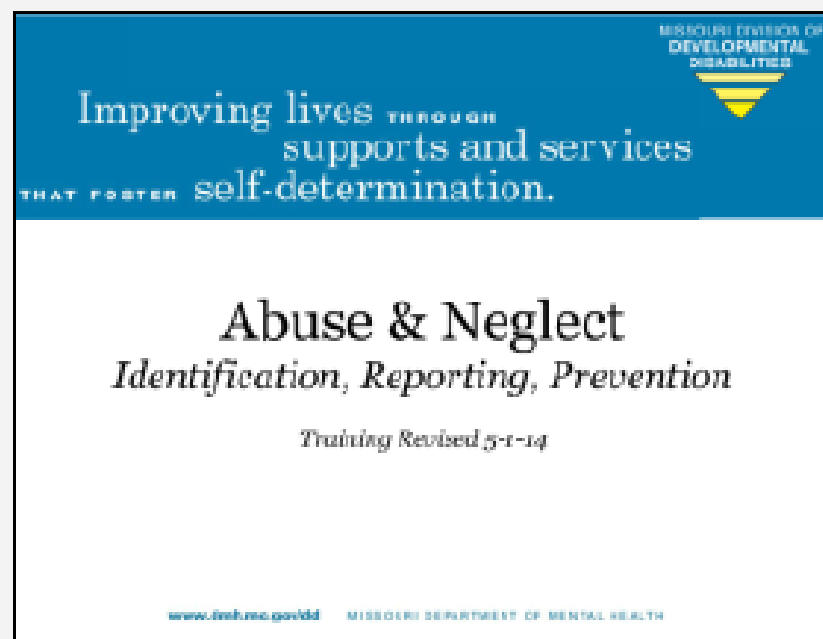
The Department of Mental Health will make sure you are protected from harm during an investigation.

A local or independent investigation will take place by DMH Central Office.

When an investigation is complete, the Department of Mental Health will provide you and/or your guardian with a summary of the facts, circumstances, and actions taken.

*For more detailed training see
“Abuse & Neglect: Identification
Reporting, Prevention”*

www.mimhtraining.com/dd/abuse-neglect/



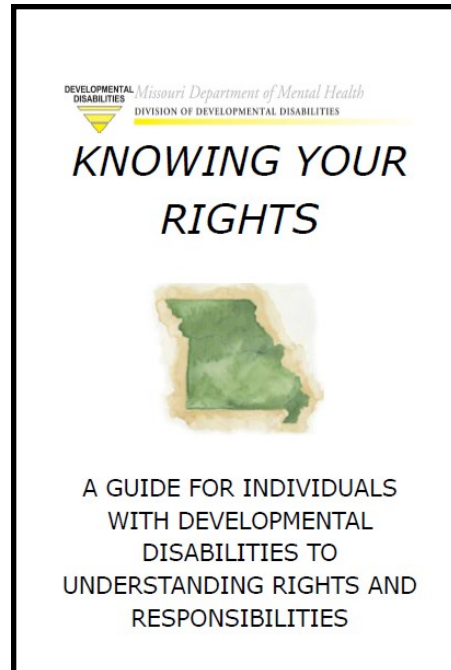
If you think you are being abused, you should tell someone. There is information on the back of this booklet about who you should tell, and what they will do next.

What Are Your Rights?

Everyone has the right to live their life free from abuse.

Everyone has the right to feel safe.

For more information on your rights please see the “Knowing Your Rights Guide”



Copies of the “Knowing Your Rights” Guide can be found at:
www.dmh.mo.gov/dd/manuals/

What is Verbal Abuse?

When someone makes a threat physically hurt you.



Someone saying they are going to hurt you or someone else if you do not do what they say.

Someone saying that they are going to make you take extra medication if you do not do what they say.



CSR 10-5.200(1) Verbal abuse: An employee making a threat of physical violence to a consumer, when such threats are made directly to a consumer or about a consumer in the presence of a consumer.

What is Sexual Abuse?

Being touched in places you do not want to be touched or touch others when you do not want to.



Being made to watch others have sex or view movies and pictures of others having sex.



Who might be at risk of Abuse?

Some people may be more at risk of abuse than others:



People who need someone else to look after them.

People who are isolated, not having a lot of friends or families.



People who are elderly, have a disability or have a mental health concern.

Who might be at risk of Abuse?



People who can not stop others from hurting them or taking advantage of them.

People who do not understand their rights.



You may be abused or neglected. You may know someone who is being abused or neglected. It is important for you to understand what abuse and neglect is in order to protect yourself and others.

What is Sexual Abuse?

Someone making you do sexual things that might make you sad, angry or frightened.



Having sex when you do not want to or making you do sexual things that you do not like.

CSR 10-5.200(H) Sexual abuse: Any touching, directly or through clothing, of a consumer by an employee for sexual purpose or in a sexual manner. This includes, but is not limited to:

1. Kissing;
2. Touching of the genitals, buttocks, or breasts;
3. Causing a consumer to touch the employee for sexual purposes;
4. Promoting or observing for sexual purpose any activity or performance involving consumers including any play, motion picture, photography, dance, or other visual or written representation;
5. Failing to intervene or attempting to stop inappropriate sexual activity or performance between consumers; and/or

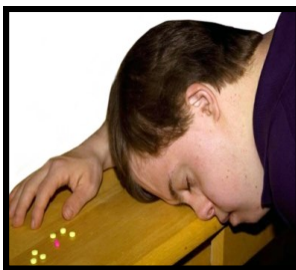
What is Physical Abuse?

This could be:

Pinching, Scratching, Shaking or someone is handled with more force than necessary.



Giving someone too much or not enough medication.



CSR 10-5.200(G) Physical abuse:

1. An employee purposefully beating, striking, wounding, or injuring any consumer;
2. In any manner whatsoever, an employee mistreating or maltreating a consumer in a brutal or inhumane manner; or
3. An employee handling a consumer with any more force than is reasonable for a consumer's proper control, treatment, or management;

What may be signs of Abuse?



Change in mood, behavior, or appearance

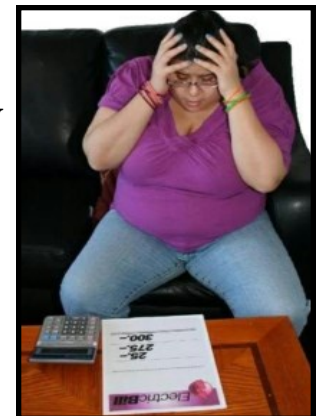


Sudden fear of a person, place or being touched



Being verbally abusive to people or pets

No longer having the money to purchase things that are needed, and not being able to explain how money was spent.



What may be signs of Abuse?



Items missing from the home



Untreated medical conditions



Difficulty walking or sitting

Torn, stained or bloody under-clothing



What is Physical Abuse?

When someone hurts you on purpose

This could be:



Hitting



Kicking



Pulling hair

What is Misuse of Funds/ Property?

When someone takes your money or things:



Stealing your money or things



Making you buy something that
you do not want to buy

CSR 10-5.200(E) Misuse of funds/property: The misappropriation or conversion for any purpose of a consumer's funds or property by an employee or employees with or without the consent of the consumer or the purchase of property or services from a consumer in which the purchase price substantially varies from the market value;

What is Abuse & Neglect?

Abuse is when someone does something to harm you.



Neglect means that someone doesn't do something they are suppose to do to keep you from being harmed.



Missouri Rule CSR 10-5.200

Defines types of abuse as:

Neglect



Misuse of Funds/Property



Physical Abuse



Sexual Abuse

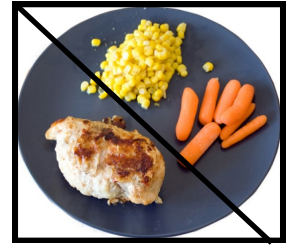


Verbal Abuse



What is Neglect?

Neglect is not giving you the things you need to keep you healthy and safe.



Not getting medicine you need

Not being taken to the doctor when you are sick



Not having equipment that you need

Leaving you alone in a dangerous situation:



Like in a bathtub or a pool when you can not swim or control the water temperature

CSR 10-5.200(F) Neglect: Failure of an employee to provide reasonable or necessary services to maintain the physical and mental health of any consumer when that failure presents either imminent danger to the health, safety, or welfare of a consumer or a substantial probability that death or serious physical injury would result. This would include, but is not limited to, failure to provide adequate supervision during an event in which one consumer causes serious injury to another consumer;